



Ghana Mountaineers



April 2026			May 2026			June 2026		
Wed	01 Apr		Fri	01 May		Mon	01 Jun	
Thu	02 Apr	●	Sat	02 May	Bush BBQ Hike	Tue	02 Jun	
Fri	03 Apr		Sun	03 May		Wed	03 Jun	
Sat	04 Apr	Jackson Hole Climbing	Mon	04 May		Thu	04 Jun	
Sun	05 Apr		Tue	05 May		Fri	05 Jun	
Mon	06 Apr	Easter BBQ Hike	Wed	06 May		Sat	06 Jun	Trail Running
Tue	07 Apr		Thu	07 May		Sun	07 Jun	Bike Hike Along the Coast
Wed	08 Apr		Fri	08 May		Mon	08 Jun	
Thu	09 Apr		Sat	09 May	Junior Mountaineers Hike	Tue	09 Jun	
Fri	10 Apr		Sun	10 May	Osuwangyo Option Hike	Wed	10 Jun	
Sat	11 Apr		Mon	11 May		Thu	11 Jun	
Sun	12 Apr	Mount logaga	Tue	12 May		Fri	12 Jun	
Mon	13 Apr		Wed	13 May		Sat	13 Jun	Junior Mountaineers Hike
Tue	14 Apr		Thu	14 May		Sun	14 Jun	Abutia Mezza Hike
Wed	15 Apr		Fri	15 May		Mon	15 Jun	
Thu	16 Apr		Sat	16 May	Accra Biking	Tue	16 Jun	
Fri	17 Apr		Sun	17 May	Fondue Hike	Wed	17 Jun	
Sat	18 Apr		Mon	18 May		Thu	18 Jun	
Sun	19 Apr	Mount Krobo	Tue	19 May		Fri	19 Jun	
Mon	20 Apr		Wed	20 May		Sat	20 Jun	Zondouh Climbing Exploration
Tue	21 Apr		Thu	21 May		Sun	21 Jun	
Wed	22 Apr		Fri	22 May		Mon	22 Jun	
Thu	23 Apr		Sat	23 May	Trail Running	Tue	23 Jun	
Fri	24 Apr		Sun	24 May	Krobo Cave Climbing	Wed	24 Jun	
Sat	25 Apr		Mon	25 May		Thu	25 Jun	
Sun	26 Apr	Mount Osuwangyo	Tue	26 May		Fri	26 Jun	
Mon	27 Apr		Wed	27 May	Accra Rucking 7000	Sat	27 Jun	
Tue	28 Apr		Thu	28 May		Sun	28 Jun	Peak Hopping
Wed	29 Apr		Fri	29 May		Mon	29 Jun	
Thu	30 Apr		Sat	30 May	3 Peaks XL ●	Tue	30 Jun	●
			Sun	31 May				

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